



# ROUTINE CHART



# INSTRUCTIONS

Welcome to the #Team Kairos! Congratulations - you're now a hero of time!

Your mission? Do your routines to unlock new powers and save the earth.

Here's how you can do it:

## Routine chart

This routine chart will help you follow your routine's tasks. Every time you accomplish a task, go move it to the right on the chart. Once you have completed all of your tasks, you unlock a new power. Use it with care, it's a great privilege!

## Routine card icons

These images represent every task you have to accomplish in your routine, like "Brush my teeth". When you're done writing your tasks, cut and stick them with adhesive tape, reusable adhesive or velcro on your routine chart. Be sure to place it on the right square.

Psst! You can also transform your icons into refrigerator door magnets if you would like to. Ask mom or dad for help before trying this!

## Powers

Your powers are badges that contain a reward or a privilege, like a special activity with your parents. Together with them, decide which power you can unlock this week. Then, use your creativity to draw a badge that represents this power!

## Your avatar

Here, you can showcase the hero of time you are. Cut the different pieces for your avatar and stick them together to build your own hero of time. You can also stick your power badges next to your avatar to see which power you have unlocked over the weeks.

**We put our trust in you, new hero. Time is short!**

# 'S ROUTINE


**POWERS TO UNLOCK**



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# 'S ROUTINE

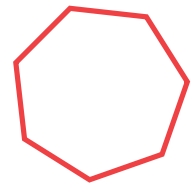
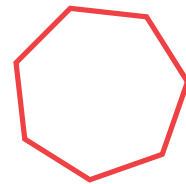
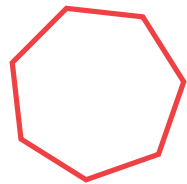
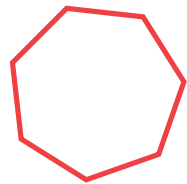
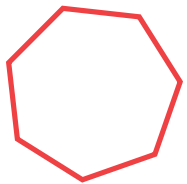
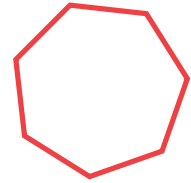
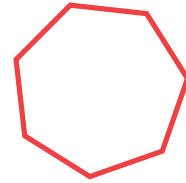
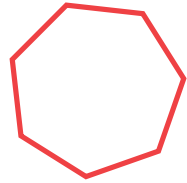
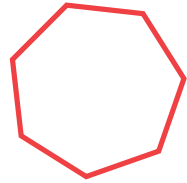
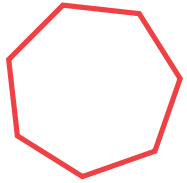
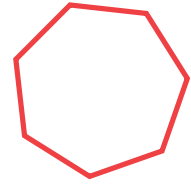
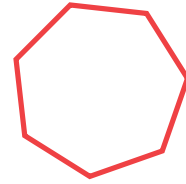
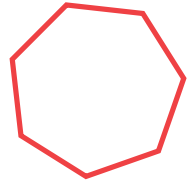
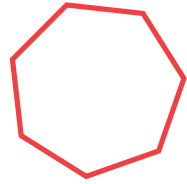
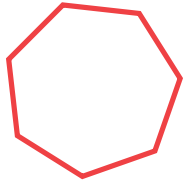

**POWERS TO UNLOCK**



# ROUTINE CARD ICONS



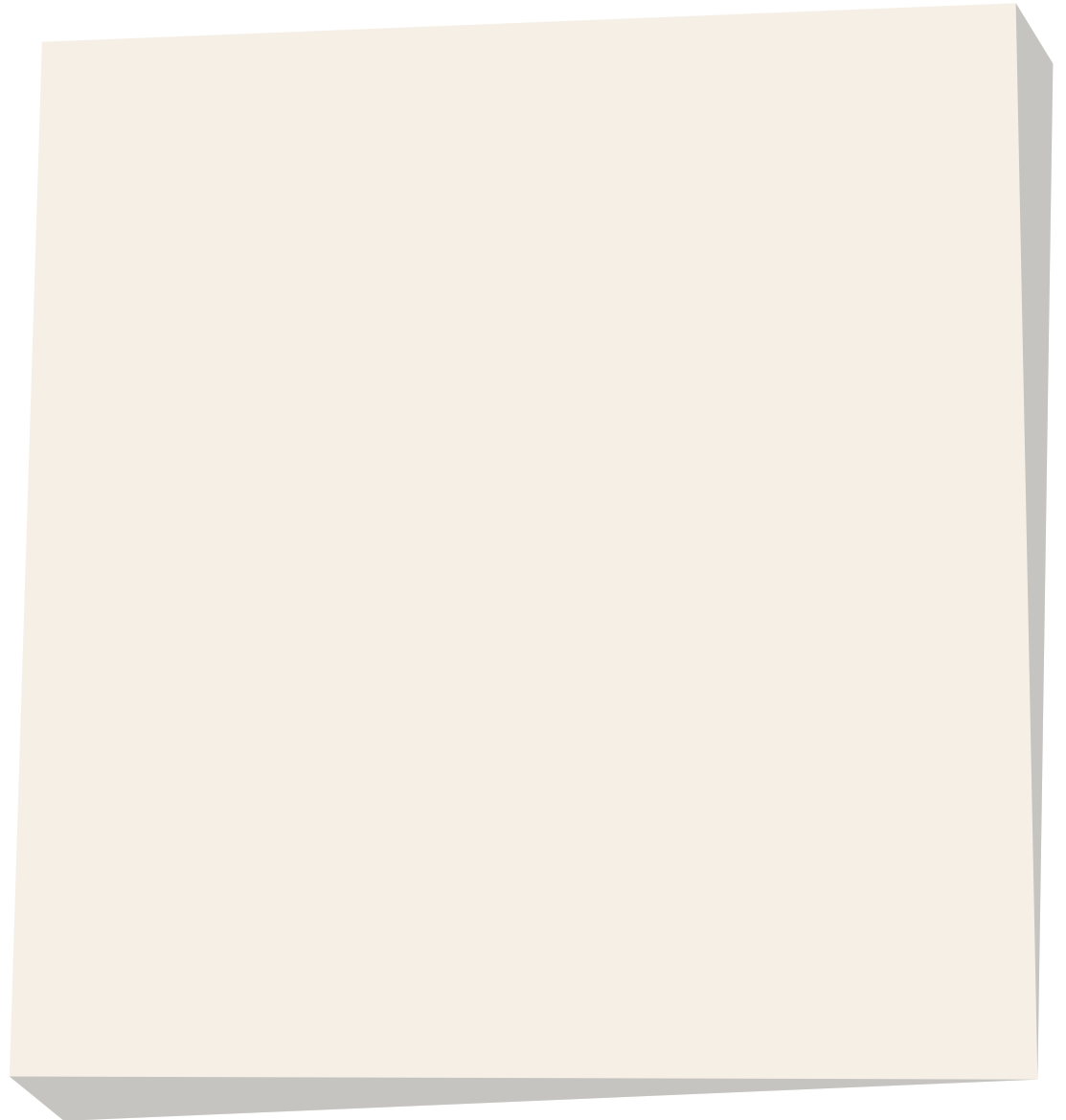
# CREATE YOUR POWERS



# MY AVATAR



## MY POWERS





# AVATAR'S BODY



# AVATAR'S HAIR



# AVATAR'S CLOTHES

